

Wisconsin Local Wellness Policy Triennial Assessment Report Card

In accordance with the U.S. Department of Agriculture’s Final Rule: Local School Wellness Policy Implementation, all School Food Authorities (SFAs) participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy, at minimum, once every three years. The assessment requirement is designed to result in local school wellness policies that strengthen the ability of SFAs to create a school nutrition environment that promotes students' health, well-being, and ability to learn. The assessment must measure the SFA’s compliance with their local wellness policy, describe the SFA’s progress toward meeting their local wellness policy goals, and describe how the language in the SFA’s wellness policy compares to the model wellness policy. **The Wisconsin Local Wellness Policy Triennial Assessment Report Card is required to be used by all Wisconsin SFAs in order to fulfill the triennial assessment requirement.**

As part of the Triennial Assessment Report Card, SFAs are required to complete the Wellness School Assessment Tool (WellsAT). The WellsAT allows SFAs to rate the extent to which their policy contains language related to 67 policy items considered to be best practices for school wellness. Please note, the WellsAT only evaluates policy content. If your SFA has implemented best practices but has not included language within the policy, you must select the rating that corresponds with no policy language present. Once completed, an overall comprehensive score and strength score will be calculated. The assessment can be completed electronically at wellsat.org. To complete the assessment electronically, you will need to log-in to the online portal or register as a new user and begin a new assessment. The assessment may be completed manually by downloading the [assessment questions](#) and filling out the [scorecard](#) with your responses.

Completing the Wisconsin Local Wellness Policy Triennial Assessment Report Card

The Triennial Assessment Report Card template can be found starting on page two of this document. Navigate through the fillable form fields and enter the indicated information. The form fields are identified as appearing in brackets and with a gray background ({{Example Form Field}}).

- 1. Assess Compliance with the Local Wellness Policy.**
Enter SFA wellness policy statements and rate the degree of compliance. Delete any rows within the tables that are not needed. Additional rows may be added as needed. Calculate the overall rating by taking the average of all policy statement scores.
- 2. Describe the overall progress made toward meeting policy goals.**
Provide a narrative update describing progress achieved, activities implemented, and plans for future wellness policy implementation.
- 3. Report on results of the WellsAT.**
Describe areas of policy strength and areas for improvement based on the findings of the WellsAT. You may elect to include your WellsAT scores within the Triennial

This institution is an equal opportunity provider.

Assessment Report Card. If you do not want to include your scores, delete the text from the section.

Following completion of the Triennial Assessment Report Card, release the report to the school community. SFAs are required to provide documentation that the results of the triennial assessment were provided to the public as part of the Administrative Review of school nutrition programs. It is recommended you delete this instructional page prior to releasing the report.

School District of Bruce

Local Wellness Policy Triennial Assessment Report Card

Date Completed: 2022-2023

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Dana Zebro, 715 868-2585 ext. 236.

Section 1: Policy Assessment

Overall Rating:
51/60

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
The meal program offered by the District will follow the US Government's Nutrition Standards in accordans with Policy 8500,	3
In keeping with contractual obligations to the National School Lunch/Breakfast programs, ensure the integrity of the school lunch program by limiting food and beverage sales that are in direct conflict with the breakfast/lunch program.	3
Free and Reduce Price Meals, the guidelines for reimbursable school meals are not less restrictive that the guidelines issued by the U.S. Department of Agriculture (USDA)	3
Encourage healthy snacks when parents bring in a treat for a birthday or holiday.	2
Encourage parents to provide healthy bag lunches and beverages for students.	2

Nutrition Promotion	Rating
Building nutrition knowledge and skills helps children make healthy eating choices. To make a difference, nutrition education should be appropriate for student's ages, reflect their cultures, and provide opportunities for them to practice skills and have fun. The nutrition education curriculum should be easy to teach and connect to state learning standards.	3
Parents will be provided reinforcing materials through the District newsletter, social media, as well as presentations and displays at special events such as Parent-Teacher Conferences, Family STEAM Night, and Family Literacy Night.	2

Nutrition Promotion	Rating
Meal periods will be long enough for student to eat and socialize: for elementary students, a minimum of 20 minutes.	3

Nutrition Education	Rating
Students will receive nutrition education that teaches the skills they need to adopt healthy eating behaviors.	3
Students will be provided information and practice opportunities in sound health practices including nutrition and physical activity. This education will include, but not be limited to the following areas: MyPlate nutrition recommendations, food labels, major nutrients, diet and disease, serving size and calories, and proper sanitation	2
All staff are encouraged to integrate appropriate nutrition activities throughout the school year.	3

Physical Activity and Education	Rating
Students are provided opportunities for physical activity throughout the school day through daily recess, physical education classes, and integration of physical activity into the classroom.	3
Students are given opportunities for physical activity through the after- school and summer school programs, including lifetime physical activities.	3

Other School-Based Wellness Activities	Rating
The District encourages staff wellness to maintain healthy lifestyles (access to the school weight room, gym, etc.)	3
Meal periods will be long enough for students to eat and socialize; for elementary students, a minimum for twenty (15) minutes will be scheduled.	3
The district encourages staff wellness to maintain healthy lifestyles (access to the school weight room, gym, etc.	1

Policy Monitoring and Implementation	Rating
The Food Service Director will ensure compliance with nutrition standards and policies. Any concerns will be discussed with the District Administrator. Necessary action will be decided and carried out to maintain compliance with State and Federal meal programs.	3
A report will be made to the School Board annually following the Wellness Committee meeting, to inform the Board of any concerns or recommended changes.	3
The district will evaluate compliance with the Wellness Policy no less than once every three years. The assessment will include the extent to which each school is following the policy and how the policy compares to a model policy, as established by the U.S. Department of Agriculture.	2
For the purposes of implementing, evaluating and revising the policy, this committee will meet annually with committee membership	1

Section 2: Progress Update

The School District of Bruce has reviewed the wellness policy with representatives from the Department of Public Instruction. The only policy update that was added to the policy was the specific triennial assessment language. The district continuously works to provide a safe, positive, and healthy environment for our students and staff members.

Section 3: Model Policy Comparison

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School Assessment Tool (WellSAT) for comparison of the Local Wellness Policy to a Model Wellness Policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identified policy strengths and areas for improvement.

Local Wellness Policy Strengths

The wellness policy is geared toward a healthy environment for K – 12 students. The district aims to teach students healthy habits to carry into their adult lives. Students are given opportunities throughout the school day, before school, and after school for physical activity.

Areas for Local Wellness Policy Improvement

Reviewing the wellness policy annually with the designated members and invite more students to participate in the wellness committee. The annual assessment of the wellness policy will provide district specific information the school district can use for improvement. Encourage staff to be focused on their wellness. In the past, the district has provided incentives for staff to focus on their health and become healthier. Improve the communications to families encouraging parents to provide healthy snacks, bag lunches, and beverages.

WellSAT Scores

WellSAT scores are calculated for comprehensiveness and strength. The comprehensiveness score reflects the extent to which recommended best practices are included in the policy. The strength score reflects how strongly the policy items are stated. Scores range from 0 to 100, with lower scores indicating less content and weaker language and higher scores indicating higher content and the use of specific and directive language.

Comprehensiveness Score:
77

Strength Score:
49